

November 10th & 11th

### What is Days of Miracles?

Days of Miracles is USCDM's largest fall fundraising push day. This year, over the course of 48 hours we will be following the journey of a patient being admitted to the hospital for an appendectomy following a night of severe abdominal pain. In these 48 hours, heroes will be able to follow the journey of the patient from hospital admission, to diagnosis and treatment, and finally recovery and discharge.

### Overview of Days of Miracles

Day 1: Hours 1-17

Child Becomes a Patient - 10am

Consultation and Testing - 11am-3pm

Diagnosis and Treatment - 4pm-9pm

Rest and Recovery - 10pm-3am

Day 2: Hours 18-36

Rest and Recovery Cont. - 3am-10am

Physical Therapy & Engagement - 11am-3pm

Creativity and Expression - 4pm-6pm

Discharge - 7pm-9pm

## Hours 1-6

#### Child Becomes a Patient - 10am

At this point, the child is taken to the hospital via ambulance and is taken directly to a room. The child and their parents are greeted by the doctor, nurses, and child life specialist as they begin assessing the child's symptoms and learn more about their medical history. From here, registration and information come in and the child is officially a patient.

### Consultation and Testing - 11am-3pm

After being admitted, the patient will go through a series of tests including lab work, CT scans, and ultrasounds and they also receive an IV to administer medication. Child Life is essential to this point in the patient's journey as they walk the child through every step of the testing, scans, medications, and IV. The Child Life Specialist helps the child to stay calm and emphasizes the importance of staying still. The normalization of the entire hospital stay begins at this stage.

### Programming - 9:30am-3:30pm

#### **Tabling on Greene Street**

- Ambulance Photo op
- Pie in the face Hero TV
- Family Table Doughnate for Donuts
  - Giant Twister & other games
  - DOM Hospital banding
     Medical Play Baby Doll with descriptions of uses/procedures

#### **Fundraising**

11am-12pm Internal Power Hour

**3pm-4pm** Greek Power Hour

it doesn't stop there!

### Hours 7-17

### Diagnosis and Treatment - 4pm-4pm

At this stage the patient and their family learn the child has been diagnosed with appendicitis. A surgeon then meets with the family to discuss options to remove the appendix. Child Life Specialists help break down the procedure in a way both the parents and the child will understand. As the child is administered anesthesia they get the option to listen to their favorite music to help them relax.

### Programming - 7pm-9pm

#### **Russell House Patio**

Come take a break, hang out with friends, or do homework while listening to live music!

### **Fundraising**

**7pm-8pm**Full Org Power Hour

### Rest and Recovery - 10pm-3am

The patient is kept overnight to be observed as the Child Life Specialist debriefs the surgery and explains what will happen from here. Throughout the night the patient will receive medications, rest, and fluids. The Child Life Specialist says goodnight to the family and plans to return in the morning.

patient is sleeping & so should you!

## Hours 18-30

### Rest and Recovery Cont. - 3am-10am

Day 2 of Days of Miracles has begun! Start your morning off with a relaxing yoga class on **Davis Field by Longstreet Theatre** at **9am**!

### Physical Therapy & Engagement - 11am-3pm

After waking up, the patient will be sore following the surgery. During these hours the child will go through physical and occupational therapy to begin recovery from surgery. Engagement activities include a scavenger hunt around the floor and activities in the room like iPad time, toys, crafts, and games. Child life will also continue the process of normalization and continue education related to the patients surgery to help them further understand their procedure.

### Programming - 830am-430pm

#### Tabling on Rusell House Patio

- Savenger Hunt
- Pumpkin Smashing (\$5)
- Child Life Specialist Games
  - More activities!

### **Fundraising**

11am-12pm Full Org Power Hour

3pm-4pm

RSO/Individuals Power Hour



## Hours 31-36

### Creativity and Expression - 4pm-bpm

Music therapy is used to help the patient cope and express themselves. Through music, the patient is able to better understand what happened and how they are better now. This also begins the process of the patient being discharged from the hospital.

### Discharge - 7pm-9pm

The patient is now well enough to be discharged and will continue their recovery at home. Nurses will explain to the parents and patient bandage and medication instructions while the Child Life Specialist walks the patient through the removal of their IV. After being fully discharged, the nurse tech will walk the patient to the car and the patient will return home for the first time in two days to finish their recovery on their own.

### Programming - 6pm-8:30pm

#### On the Russell House Patio

- DJ Party 6pm-8pm
- Circle of Hope at 8pm

### **Fundraising**

**6pm-7pm** Minis Power Hour

Enf Days of Miracles with a Percent Night!

Celebrate 48 hours of miracles at **Baked Bear!**8pm-10pm

# Keep up with the miracle making!

Instagram
@uscdancemarathon

Facebook
USC Dance Marathon

Website www.uscdm.org

